

REGULATIONS

Governing

Military Championship in

Orienteering

in the Nordic framework



2023 Approved

REGULATIONS GOVERNING MILITARY CHAMPIONSHIP IN ORIENTEERING IN THE NORDIC FRAMEWORK

TABLE OF CONTENTS

1. General Regulations
2. Administrative Regulations
3. Individual and Team Competition
4. Relay

REGULATIONS GOVERNING MILITARY CHAMPIONSHIP IN ORIENTEERING IN THE NORDIC FRAMEWORK

0. REFERENCE

- A. General Regulations Governing Championships in the Nordic Framework (2022)
- B. CISM Orienteering Regulations

1. GENERAL REGULATIONS

1.1 Scope and time

Military Nordic Championship in Orienteering includes individual, team and relay competition, for men and women, respectively.

The Championships are annual and are periodically organized by Sweden, Finland, Denmark and TBD (in this order).

The place and week for the competitions are to be suggested by the host nation two years before and no later than one year before the Championship in question the dates is to be determined during the Nordic Military Sports Leader Conference.

1.2 Normal programme

- Day 1 - Arrival, model event, technical meeting with the presentation and approval of the starting orders for individual competition.
- Day 2 - Individual and team competition, Nordic meeting, dinner and price giving ceremony.
- Day 3 - Relay, price giving ceremony, lunch, departure before noon.

1.3 Participants

A national team consists of:

- 1 head of delegation
- 1 team leader
- 4 female competitors
- 6 male competitors.

Team officials may serve as substitutes for competitors.

No more members may be included in a mission without the specific authorisation of the organising country.

1.4 Invitation

The Final Invitation must be sent out three (3) months before the Competition. Any deviation from these Regulations must be presented in the invitation and has to be approved by all involved countries in advance.

The approximated course length and mapping scale to be used during the Championship shall be clear from the invitation.

1.5 Registration

Confirmation (informal agreement) of a country's participation shall have reached the organizers by the time given in the invitation.

Final entry, including all details about delegate members, shall be submitted to the organizing country not later than two (2) weeks before the competition, and in starting group order.

If a registered competitor is unable to participate, a substitute may be appointed up until the time of start.

1.6 Access to the Location of the Competition

The cost of travel to and from the host country must be covered by the participating country to domestic airport, ferry terminal or railway station.

The organizer will ensure transportation from the place of arrival in the host country to the place of stay as well as transport during the competitions.

1.7 Conditions of Stay

During their stay, Day 1 – Day 3, the delegations will be guests of the organizing country's delegation to CISM.

Board, lodging and transportation within this period will be at the expenses of the organizers.

Extra expenses (telephone, drinks, etc.) as well as cost of travel to and from the organizing country are to be paid by the participants.

Any cost before the foreseen arrival date and/or after the departure date must be covered by the participants.

Medical assistance will be provided by the organizers.

1.8 Regulations of the Competition

General Regulations Governing Championships in the Nordic framework (Ref. B).

The newest edition of CISM Orienteering Regulations will apply (Ref. A).

Any changes to these regulations can be accepted during a Nordic Sports Leaders Meeting only.

1.9 Anti-doping

Anti-doping tests may be organized in accordance with the CISM anti-doping regulations – Policy Manual – Chapter IV.

The tests will be performed according to the latest WADA Anti-Doping Code and Procedures.

1.10 Request for visit

The invitation shall state if a request for visit is required.

1.11 Start and draws for starting orders

In individual competition, competitors shall start at intervals with no less than three (3) minutes between participants in the same class. Draws for starting orders are performed before the competition.

To perform draws for starting orders in the men's class, each competitor shall be assigned to one of six (6) starting groups numbered 1 – 6, with one competitor per nation in each group.

In the women's class, each competitor shall be assigned to one of four (4) starting groups numbered 1 – 4, with one competitor per nation in each group.

Before the drawing of lots is performed, each nation shall submit a list to identify which (named) competitor to assign to which starting group.

Within each starting group, a random draw will decide the order between nations. Within each starting group, the names of competitors be inserted into the starting group according to the submitted list from each nation. However, if the same nation would be assigned two consecutive starting numbers (the last number within one group and the first number within the following group), the second of the two numbers shall be moved down one step in the starting list, so that the interval between two competitors from the same nation will be at least six (6) minutes.

1.12 Equipment

1.12.1 Uniforms

During dinner and prize giving ceremony (Day 2); uniform are mandatory.

During prize giving ceremony after Relay (Day 3); sports uniform can be used.

1.13 Maps and control descriptions

The maps shall be drawn and printed according to IOF standards.

The control descriptions shall be printed on the map.

A separated control description will be handed out in the starting zone in the individual competition.

A sample map and a specification of the mapping scale (or scales) of the competition area must be displayed at the competition centre. **To be removed at the time of the first starting competitor.**

At the relay competition, the map sample shall be displayed at the competition site 1 hour before the start and be removed immediately after the start.

1.14 Jury

The head of organization and the delegation head from each participating nation constitute the jury. The jury will rule on all protests or disputes over rules.

1.15 Technical meeting

A technical meeting shall be organized in accordance with General Regulations Governing Championships in the Nordic Framework. Undersigned protocol shall be sent to Chief of delegation of the countries to be approved and the proposals are to be determined during the Nordic Military Sports Leaders Conference.

1.16 Protests

Any protest shall be made in writing to the jury as soon as possible and no later than fifteen (15) minutes after complete results have been announced. The time limit for filing a protest shall be announced to each team by the organizer. Protests will be ruled by the jury. Jury decisions are final.

1.17 Awards and gifts

Military Nordic Competition plaques (Ref A) are awarded in gold, silver and bronze to the top three:

- in individual competition
- in team competition (men: team of four and women: team of three)
- in relay competition (men and women: team of two)

1.18 Other

Spectators/delegation members, shall during the competition be shown to places where they cannot influence (help or hinder) competitors.

2. ADMINISTRATIVE REGULATIONS

Administrative regulations according to General Regulations for Nordic Military Championships apply.

3. INDIVIDUAL AND TEAM COMPETITION

3.1 Control description

IOF symbols and standards for control descriptions shall be applied.

3.2 Course planning

IOF rules for course planning in World Championships apply.

The course length shall be planned for an estimated winning time of 60 min for men and 45 min for women, respectively.

Refreshments (water) shall be available at the start, **finish** and at a control on the (approximate) half of the course.

3.3 Overall result

Winner of the team competition in the men's class is the team with the shortest total overall time among its 4 members with the best individual overall time. In the women's class, the sums of the 3 best individual overall times in each team are compared.

4. ORIENTEERING RELAY

4.1 Teams and competitors

Each nation may participate with three (3) teams of two (2) competitors each in the men's relay and two (2) teams of two (2) competitors each in the women's relay.

Names of the team members shall be specified in the order they will run and handed to the organizers the day before. If a specified team member is unable to start, a substitute may replace this team member up until the time of the class start.

4.2 Course length

The course length shall be planned for an estimated winning time that each leg is 40 min for men and 30 min for women, respectively.

The map with a control description printed on it shall be distributed to the competitor at the start of the orienteering.

The controls shall be combined differently for the teams, but all teams shall run the same overall course.

4.3 Other

In other respects than those regulated explicitly above, and where applicable, the same rules prescribed in the individual event apply also to the relay event.

4.4 Overall result

The overall time is recorded from when the teams start until the respective last member of each team crosses the finish line. The overall ranking of teams is decided by the order in which last legs runner crosses the finish line (when the competitor's chest crosses the finish line).