



INTERNATIONAL MILITARY SPORTS COUNCIL
LATVIAN DELIGATION



INVITATION FILE



19th Baltic Military Sport Summer Games
Ādaži/Latvia
12th – 15th July 2022

CISM

“Friendship through Sport”



International Military Sports Council
19th Baltic Military Summer Games
12th -15th July, Ādaži/Latvia



Latvian Delegation to CISM
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To: See Distribution List
Subject: 19th Baltic Military Summer Games
Date: 06/04/2022

On behalf of the Latvian Ministry of Defense and National Armed Forces management, we have the honor to invite a mission representing your country to participate at the 19th CISM Baltic Military Summer Games 2022, which will be held in Ādaži, Latvia from the 12th to 15th July 2022.

We sincerely hope that your participation will be possible at the 19th CISM Baltic Military Summer Games 2022.

Sincerely yours,
Chief of Latvian Delegation to CISM

Major VENTS GRAUDINS

ENCLOSED:

- Distribution List;
- Program;
- General information;
- Annex 1 - Preliminary Agreement: **May 6, 2022.**
- Annex 2a - Final entry: **June 10, 2022.**
- Annex 2b - Temporary access card form



Distribution list

1. CISM Governing Bodies

- *President*
- *Vice president for Europe*
- *The Secretary General*
- *The Chief of Liaison Office Europe*

2. To the Chief of the Delegation of CISM Member Countries:

- *ESTONIA*
- *LITHUANIA*
- *UKRAINE*



A. GENERAL PROGRAM

<i>DATE</i>	<i>ACTIVITY</i>
12 July	<ul style="list-style-type: none"> • Arrival of participants • Technical meeting • Training & Opening ceremony
13 July	<ul style="list-style-type: none"> • Competitions • Awarding ceremony & Social event
14 July	<ul style="list-style-type: none"> • Competitions • Awarding & Closing ceremony • Departures of participants
15 July	<ul style="list-style-type: none"> • Departures of participants

B. COMPOSITION OF THE MISSION

Only military personnel in active duty in the Armed Forces are allowed to participate in the 19th CISM Baltic Military Summer Games 2022.

Chief of Mission – 1; Ad Libitum – 1; Drivers – 2; other – according the following table:

Sport	Composition of team			Date			
	Men	Women	Team captain	Tuesday 12 th July	Wednesday 13 th July	Thursday 14 th July	Friday 15 th July
3x3 basketball	8		1	A	C	C/D	D
Mini football	10		1	A/C	C	C/D	D
Beach volleyball	4	4	1	A	C	C/D	D
Chess		3	1	A	C	C/D	D
Sport fishing		3	1	A	C	C/D	D
Military challenge	2	2	1	A	C	C/D	D
Young guards (16-18 years)	3	2	1	A/C	C	C/D	D
Young guards (12-15 years)	3	2	1	A/C	C	C/D	D
Total	36	10	8				

A – arrival, C – competition, D – departure

Maximum composition of mission: 58 participants

!Ukraine and eFP Latvia participates only in Mini football!



C. BOARD AND LODGING

a) During the stay in Latvia from July 12-15, 2022, the participants will be the guests of the Latvian Armed Forces. Board and lodging will be at the expenses of the organizers, except the activities not being part of the normal program (i.e. telephone, supplementary drinks, laundry, etc.).

b) Any costs before July 12 and after July 15 must be paid by the respective mission. Additional persons will not be accepted by the organization without explicit written requested by the Chief of the concerned country and under condition of the written agreement from the Chief of the Latvian Delegation.

c) The Organizing Committee provides medical assistance to the mission members including first aid and transport to hospital during the competition.

d) The organizing Committee is not responsible for:

- Hospitalization beyond July 15, 2022;
- Surgical operations or other special treatments;
- Complicated return transport due to illness/accident;
- Other expenses because of illness/accident such as compensations, loss of income etc.

To cover the above-mentioned risk participants must arrange sufficient insurance in their home countries.

D. TRANSPORTATION

The cost of travel to and return from Latvia will be the responsibility of the participating country. The organizer will ensure the transport during the competition.

PIONTS OF ARRIVAL AND DEPARTURE

- By road: Ādaži Military base, Google coordinates: 57.097912, 24.353023
Kadaga, Ādažu nov., LV-2103, Latvia
- By plane: Riga International Airport (RIX)

E. WEATHER CONDITIONS

The averages of temperature for July in Latvia are as follows:

Min: 15 C°

Max: 21 C°

F. REGISTRATION DEADLINES

Annex 1- Preliminary agreement must be returned not later than **May 6, 2022**.

Annex 2 - Final entry must be returned not later than **June 10, 2022**.



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G. UNIFORM/DRESS

Coaches and participants are permitted to wear their team's tracksuits and uniforms. For the official ceremonies: military uniform.

H. CORRESPONDENCE

Organizing Committee
Latvian Delegation to CISM

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Regulations

BEACH VOLLEYBALL

Team: 4 pairs (2 men and 2 women teams).

Rules: The competition will be held in accordance with international Beach Volleyball Regulations (FIVB). The match is won by the team that wins 2 sets. The first team to reach 21 points (15 points in the deciding final set) with a two-point advantage wins a set.

Assessment: In case of equal results of two teams, the team that have the best result in mutual games will be accorded a higher rank. If these results for all group teams are equal the team that have bigger result difference win/lost sets coefficient then win/lost point coefficient will be accorded a higher rank.

Awarding: Thursday - July 14, 20.00

CHESS

Team: 3 players

Rules: The competition will be held in accordance with the International Chess Federation (FIDE) "Rapid chess" regulations after round-robin system, 8 rounds. Individual games will be held according to the tournament system with time limit of 15 minutes + 10 seconds for each move. 10 minutes break between stages.

Evaluation: Individual scoring system: Win – 1 point, Draw – 0.5 points, Loss – 0 points. In case of equal results in individual games, the ranking will be determined by:

- 1) Berger's coefficient;
- 2) The number of won games;
- 3) The number of mutual games;
- 4) Count of wins with black pieces.

In case of equal team classification, the ranking will be determined by:

- 1) Berger's coefficient;
- 2) Higher individual place.

Awarding: Wednesday – July 13, 20.00 (individual), Thursday – July 14, 18.00 (teams)



MINI FOOTBALL

Team: 10 soldiers (6 field players, 1 goaltender, 3 reserves).

Rules: The competition is held in accordance with International Football Regulations, with the following exceptions:

- 1) the playing team on the pitch is 7+1 players;
- 2) playing time is 25+25 minutes, 10 minutes time out between half's.
- 3) a team may change players during the game unlimited times;
- 4) the size of goal is 5x2m; the size of the pitch is half of the main football pitch; a penalty spot is 9m from the goal;
- 5) its mandatory to wear shin guards;
- 6) direct or indirect free kick to the defending team - all opponents must be at least 7 m from the ball;
- 7) there is no offside;
- 8) with first yellow card the player gets warning. With second yellow card and with the red card the player is eliminated until the end of the match and skips the next game (team has to play one man short). The player who got a third yellow card in all tournament skips the next game.

Evaluation: 3 points for winning, 1 point for the drawn, 0 point for the lost game.

- 1) The team who achieves the highest points is the winner;
- 2) in case of equal results of two or more teams, the team who has the best result in mutual games will be accorded a higher rank;
- 3) if these results are also equal, the team who has the bigger difference of the result will be accorded a higher rank;
- 4) after that, to state the winner, the team who has more achieved goals and less let through goals will be determined;
- 5) in case all the above mentioned indications are equal the team who has less yellow, red cards and technical loses is the winner;
- 6) in case all the above mentioned indications are equal, another game will be held (date and time will be set if necessary).

Remarks: Delegations must be at the football pitch 20 minutes before the competitions starts.

Awarding: Thursday – July 14, 18.00

3x3 BASKETBALL **(Soldiers)**

Team: 2 teams per country set of 4 players (3 court players, 1 reserve)

Rules: Game will be held in accordance with FIBA 3x3 regulations.

Evaluation:

- A team which first achieves 21 points or the most points after 10 minutes is a winner;
- In case of equal results of two or more teams, a team which has the best result in mutual games will be accorded a higher rank.;
- If these results also are equal, the team which has better difference of the result will be accorded a higher rank.
- After that, to state a winner, will be determined the team who has more achieved points and fewer let through points. In case all the above mentioned qualities are equal, another game will be held (date and time will be set if necessary).

Awarding: Thursday – July 14, 18.00



CAPTAIN DAINIUS MORKUNAS MEMORIAL SHOOTING CUP

Place: Ādaži shooting range B3

Team: 1 Chief of mission and 1 team Captain

Rules: Each participant must shoot two rounds in qualification before final: first round with single targets (10 target per round), were it is possible to shoot twice on one target; second round with double targets (20 target per round), were it is possible to shoot only once on one target. Final round will consist of 6 best scores of 30 targets in qualification. The score will start from zero in final round. Best score in final will decide winner.

In case of equal score, will be shoot-off by rules what will present jury of competition.

All equipment will be provide from organizers, but participants can use their own equipment, too.

Competitors who recorded 1st, 2nd and 3rd place will be awarded with medals. 1st place will be awarded with Captain Dainius Morkunas Memorial Cup.

Awarding: At the stadium flags, July 3rd, at 8:30 PM, military uniform

SPORT FISHING

Place: Carnikava

Team: 3 competitors

Rules: According valid International sport fishing rules:

- 1 fishing rod (no longer 13 m) with float and 1 hook, changing the fishing rods is not limited
- 2 rounds (4 hours per day);
- Any possible bait (no more 17 kg per round);
- Live bait: Total 2 litter. Joker/bloodworm 1 litter, Worms 1 litter;

Evaluation: The winners are determined in individual and in team classification. In individual classification, a winner is defined according to total weight of his caught fishes. In team classification, a winner is stated by total weight of caught fishes by a Team. In case of equal weight a winner Team or a competitor is who had a highest rating at individual classing.

Time and place can be changed according to weather.

Awarding: Thursday – July 14, 18.00



MILITARY CHALLENGE

Team: 4 participants (2 men + 2 woman)

Rules:

- 1) The Chief Judge and the organizational staff determine the standard of the movement rule;
- 2) all necessary movements will be demonstrated before the beginning of each event;
- 3) if the athlete has an injury and therefore he can't perform or continue movement according to the standard of movement, movement in this case does not count (and will be considered "without repetition");
- 4) the course of the competition, the times of completion of the task and other specific information will be announced on the day of the event. Possible movements for athletes: (running, swimming in open waters, carrying heavy weight, climbing rope, leg rises, push-ups, squats, jumps-climbs, hiking, rower, SkiErg, BikeErg, Assault Bike, movements with a barbell or dumbbells, strongman elements, odd/heavy carrying of objects, etc.)

Evaluation:

- 1) each measure has a final result, which may be different (time; number of repetitions; weight raised, etc.);
- 2) judges are responsible for accurate and appropriate measurement and recording of results;
- 3) in one of the tasks will be determined the strongest male athlete and female athlete, 1, 2 and 3rd place, who will have made the highest number of repetitions with their weight (the weight will be the existing weight of each athlete, which can be rounded up (13kg.=15kg.or down 12kg.=10kg.);
- 4) Judges are responsible for correctly recording the results and informing the teams of their specification;
- 5) for each point achieved by the team, an assessment is drawn up. Team rating in stage indicate the number of points achieved by the team;
- 6) all points are accumulated for each team. The total number of points determines the place of the team. Each subsequent task will be started by all teams together or by a team with the lowest number of points or the worst place in previous tasks, then the next team, etc.;
- 7) if between two teams will be pendent result in a task, a pendent result will be used.
- 8) if two teams have the same point view at the end of the competition (the end result), then the team that will be better in the endurance exercise will win the higher place. If, then there is the same number of points, then the number of repetitions of ladies strength exercises is taken into account. But if, then there is still the same number of points, then the total weight of the team is taken into account and the team that is at an easier weight in the task of strength wins;
- 9) organizers reserve the possibility to change the rules of the competition, but also inform the participants as much as possible.

P.S Please bring swimwear and at least two sports shoes and a spare sportswear.

Awarding: Wednesday – July 13, 20.00 (individual), Thursday – July 14, 18.00 (teams)



3x3 BASKETBALL **(Young guards)**

Team: 2 teams per country (1 older and 1 younger group team) set of 4 players (2 boys + 1 girl, 1 reserve)

Rules: Game will be held in accordance with FIBA 3x3 regulations.

Evaluation:

- A team which first achieves 21 points or the most points after 10 minutes is a winner;
- In case of equal results of two or more teams, a team which has the best result in mutual games will be accorded a higher rank.;
- If these results also are equal, the team which has better difference of the result will be accorded a higher rank.
- After that, to state a winner, will be determined the team who has more achieved points and fewer let through points. In case all the above mentioned qualities are equal, another game will be held (date and time will be set if necessary).

Awarding: Wednesday – July 13, 20.00

Swedish mini relay (mixed) **(Young guards)**

Team: The mixed team must consist of 2 boys and 2 girls. 2 teams per country (1 older and 1 younger group team).

Rules:

1) The Swedish mini-relay starts at 200m mark on the athletics track and consists of 4 stages (100m stage, 200m stage, 300m stage and 400m stage). The first stage of relay (100m) competitors are running within their each individual track, moving to common track after the end of first relay change corridor starting from 200m relay stage mark.

2) The first (100m) stage is run by a girl, second (200m) – boy, third (300m) – girl, fourth (400m) – boy. Between all stages of relay a wooden relay stick must be passed between competitors. The winning team must finish all 4 relay stages fastest.

Awarding: Thursday – July 14, 18.00

SHOOTING WITH AIR PISTOL **(Young guards)**

Team: 3 boys +2 girls (younger group) and 3 boys +2 girls (older group)

Rules: 1) Competitors shot with 4.5 mm caliber air guns (according to ISSF rules) at a distance of 10 meters, holding with one hand. Electronic scoring system (EST) will be used for scoring. Preparation and sighting time is 15 minutes and competitors are allowed to shoot an unlimited amount of shots in this time.

2) Competition shots and time:

Younger group - 20 competition shots (2 rounds with 10 shots each) within 25 minutes.

Older group - 30 competition shots (3 rounds with 10 shots each) within 40 minutes.

Evaluation: In each event and age group, the winner is competitor with most points after shooting. In case of a tie:

- 1) winner is competitor with the most count of inner 10;



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- 2) if still it's a tie, evaluate points from last round of shooting;
- 3) if still it's a tie, evaluate points from first rounds;
- 4) if still it's a tie, must count the hits (10,9,8 etc.).

In each round, hits are counted with full points, without decimal.

The Team score will be the total of scores of 2 best boys scores and 1 girl score in the individual event in each age group.

Team representative can appeal to Jury with written objection no later than 30 minutes after results are announced.

!Air guns and ammunition must be provided by each country themselves. Organizers will not provide participants with equipment!

Awarding: Wednesday – July 13, 20.00

Dodgeball (Young guards)

Team: 3 boys and 2 girls (younger group) and 3 boys and 2 girls (older group)

Rules: The competition is held in accordance with International Dodgeball Regulations, with the following exceptions:

- 1) the playing team on the court is 4 players and 1 captain;
- 2) playing time is 3 x 7 minutes;
- 3) the games are held on tennis court cover with a special dodgeball ball;
- 4) the size of court is 9x18m;
- 5) for the captain on the upper arm must be identification mark – a ribbon;
- 6) the game starts with throwing ball over from captain to team;
- 7) its allowed to throw with one hand;
- 8) player who catches the ball, must throw it. Not allowed to give to another partner;
- 9) eliminated players are allowed to throw a ball to eliminate opponent, helping to the captain;
- 10) only directly hits counts, not of the ground;
- 11) if the player steps on the line at the moment when throws the ball, elimination didn't counts and must return the ball to the opponent;
- 12) if the player steps on the line avoiding or catching the ball, he is knocked out;
- 13) when all participants are knocked out, on the court goes captain with a ball.

Evaluation:

- 1) The team who achieves the highest points is the winner;
- 2) in case of equal results of two or more teams, the team who has the best result in mutual games will be accorded a higher rank;
- 3) by the win with 3:0 team gets 3 points, 2:1 gets 2 points, by loss 1:2 gets 1 point, 0:3 gets 0 points;
- 3) if these results are also equal, the team who has the bigger difference of the result will be accorded a higher rank;
- 4) in case all the above mentioned indications are equal, another game will be held (date and time will be set if necessary).

Awarding: Wednesday – July 13, 20.00



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COMPETITION PROGRAM (PROJECT)

<i>TIME</i>	<i>ACTIVITY</i>	<i>PLACE</i>	
Tuesday - July 12			
~14.00	Arrival of Missions. Registration. (UKR, EST, LTU)	Ādaži military base	
16.00	Preliminary and technical meeting		
17.00	Opening ceremony (Dress uniform)		
17.15-18.15	Mini Football LAT - eFP		
18.00-19.00	Dinner		
19.00-20.30	Air pistol Young guards		
19.00-21.00	Training		
19.30-20.30	Mini Football EST - LTU		
Wednesday – July 13			
7.30-8.30	Breakfast	Ādaži military base	
9.00-11.40	Dodge ball Young guards		
9.00-11.30	Beach volleyball (group games)		
9.30-17.00	Chess (individual)	Lake Dūņu	
9.30-17.00	Sport fishing		
9.30-11.00	3x3basketball (group games)	Ādaži military base	
10.00-11.00	Mini Football UKR - eFP		
10.00-13.00	Military challenge (individual)		
11.00-12.00	Mini Football LAT - LTU		
11.30-13.00	Lunch		
13.00-17.00	Cpt. Dainius Morkunas Memorial Shooting Cup		
14.00-15.30	3x3 basketball – Young guards		
14.00-17.00	Beach volleyball (group games)		
14.30-16.00	Military challenge (individual)		B5
17.00-18.00	Mini Football EST - UKR		Ādaži military base
18.00-19.00	Dinner		
19.30-20.30	Mini Football LTU - eFP		
20.00	Awarding & Social event		
Thursday – July 14			
7.30-8.30	Breakfast	Ādaži military base	
9.00-17.00	Sport fishing	Lake Dūņu	
9.00-11.00	Athletics - Young guards	Ādaži military base	
9.00-11.30	Beach volleyball (½ finals)		
9.00-17.00	Chess (team competition)		
9.30-11.00	3x3 basketball (finals)		
10.00-11.00	Mini Football LAT - UKR		
10.00-12.00	Military challenge – Team relay		
11.00-12.00	Mini Football EST - eFP		
11.30-13.00	Lunch		
14.00-17.30	Beach volleyball (finals)		
15.00-16.00	Mini Football UKR – LTU		
16.00-17.00	Mini Football LAT - EST		
18.00-18.30	Awarding & Closing ceremony (Team tracksuit)		
18.30-20.00	Closing Dinner		
	Departure of Missions		
Friday – July 15			
7.30-8.30	Breakfast (on request)	Ādaži military base	
till 12.00	Departure of Missions		