



International Military Sports Council

Polish Delegation



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*INVITATION FILE*

*Regional Military 10K Road Race Championships*

# 1st REGIONAL 10K ROAD RACE CHAMPIONSHIPS



**POLAND - MALBORK - 2019**

*16<sup>th</sup> – 19<sup>th</sup> May 2019, Malbork, Poland*

**CISM**

**“Friendship through Sport”**



International Military Sports Council  
Regional Military 10K Road Race  
Championships  
16<sup>th</sup> – 19<sup>th</sup> May 2019,



Dear Chiefs of Delegation,

The General Command of the Polish Armed Forces has the honour to invite the mission representing your country to participate in **Regional Military 10K Road Race Championships** which will take place in Malbork during the period 16–19 May 2019.

Warszawa, January 02<sup>th</sup>, 2019

**Col Tomasz BARTKOWIAK**

**Chief of the Polish Delegation to CISM**

**ENCLOSED:**

- Distribution List
- Program
- General Information
- Annex 1 - Preliminary Agreement
- Annex 2a - Final Entry
- Annex 2b - Composition of Mission
- Annex 3 – Access to the location

Polish Delegation to CISM  
Physical Education and Sports  
22<sup>nd</sup> Tactical Air Base  
Ul. 17-go Marca 20  
82-200 Malbork, Poland  
Phone: +48 661-119-123  
+48 512-239-917  
Fax : +48 261-536-286  
E-mail : [22blt.wfis@ron.mil.pl](mailto:22blt.wfis@ron.mil.pl)  
E-mail : [cismpoland@ron.mil.pl](mailto:cismpoland@ron.mil.pl)



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## A. Distribution List

### CISM governing bodies

- *The Vice-President Europe*
- *CISM Secretary General*
- *The Chief of Liaison Office Europe*
- *President and Members of CISM Sport Committee*

### To the Chiefs of Delegation of the following CISM Europe:

## B. General Program of the Championship

| DATE                             | ACTIVITY  |
|----------------------------------|---|
| Thursday<br>May 16 <sup>th</sup> | <ul style="list-style-type: none"><li>• Arrival of Participants</li><li>• Training</li><li>• Technical Meeting</li></ul>                          |
| Friday<br>May 17 <sup>th</sup>   | <ul style="list-style-type: none"><li>• Opening Ceremony</li><li>• Training</li><li>• Cultural Day</li><li>• VIP Dinner – gift exchange</li></ul> |
| Saturday<br>May 18 <sup>th</sup> | <ul style="list-style-type: none"><li>• Competition</li><li>• Closing Ceremony and Banquet</li></ul>  |
| Sunday<br>May 19 <sup>th</sup>   | <ul style="list-style-type: none"><li>• Departures of all participants.</li></ul>   |

## C. Composition of the Mission

|                    |           |
|--------------------|-----------|
| Chief of Mission   | 1         |
| Team Captain       | 1         |
| Coach              | 1         |
| Physiotherapist    | 1         |
| Competitors Male   | 4         |
| Competitors Female | 4         |
| <b>Total max</b>   | <b>12</b> |

**Please, be aware only 12 teams (including Poland) can participate in this championship.** The first countries to register will be our guest!! According to the CISM Regulations

(see CISM Police Manual, art. 3.19) only military personnel in active duty may participate in the competition.



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#### **D. Access to the Location of the Competition.**

- The travel cost to the host country and respective return will occur under the responsibility of the participating country.
- The organizer will ensure the transportation from the place of arrival (Points of arrival) in the host country to the place of stay and the transport during the competitions as well.
- By road (bus/car):

**Chief of Mission & VIPS:**

**HOTEL CENTRUM**

ul. Aleja Rodła 7  
82-200 Malbork  
+48 606 405 555

**Athletes :**

**HOTEL DEDAL**

ul. Generała de Gaulle'a 5  
82-200 Malbork  
+48 55 272 31 37

- Points of arrival and departure.  
by plane:
  - Civilian: Gdańsk Airport (EPGD)
  - Military: 22nd Tactical Air Base Malbork – Królewo Malborskie (EPMB)

#### **E. Conditions of Stay**

- Board, lodging and medical care will be at the expenses of the organizers.
- Participants who ask for services not covered by the Organizers, such as telephone calls, drinks, laundry etc. must pay the respective extra expenses.
- Additional people will not be accepted without official written permission of the Organizers.

#### **F. Regulations of the Championship.**

- Other information of the competitions you can find at the website.
- Competitions will be conducted on the basis of Regulations of the IAAF
- Regional Championship will be governed by the CISM Regulations (Edition 2002) and the CISM Military Road Race Regulations.
- **During the championships will be gift exchange.**
- Final individual rankings for Men and Women will be determined by individual times.
- The team classification in the Men and Women category will be announced. It will consist of three best time results obtained by runners from the same country.



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### **G. Uniforms.**

- Service uniform (field dress) is required for the Prize giving ceremony and all other field uniforms.
- Permission to wear uniform is granted.

### **H. Customs and Visa Procedures.**

- For information regarding passport and visas for entry into Poland, please contact the Polish Embassy in your country or the respective embassy serving your country.

### **I. Weather Conditions**

- Weather in May can range from a daily high of 16 - 20° Celsius to a daily low of 06° - 10° Celsius. There is a possibility of rain.

### **J. Registration Forms Deadlines.**

- **Preliminary Agreement (Annex 1) 15<sup>th</sup> April 2019**
- **Final Entry (Annex 2a/b) 06<sup>th</sup> May 2019**

Phone number and email address are required on the final entry form in case the organizing committee needs to contact you.

### **K. Correspondence.**

All official correspondence concerning the competition should be sent through email to:

Polish Delegation to CISM  
Physical Education and Sports  
22<sup>nd</sup> Tactical Air Base  
Ul. 17-go Marca 20  
82-200 Malbork, Poland  
Phone: +48 661-119-123  
+48 512-239-917  
Fax : +48 261-536-286  
E-mail : [22blt.wfis@ron.mil.pl](mailto:22blt.wfis@ron.mil.pl)  
E-mail : [cismpoland@ron.mil.pl](mailto:cismpoland@ron.mil.pl)

### **L. Currency.**

The currency in Poland is Polish Złoty. Currency exchange is available at the airport and local banks. It is also possible to withdraw cash from an automated cash point.



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**ANNEX 1**

**PRELIMINARY AGREEMENT**

To be returned before 15/03/2019:

Polish Delegation to CISM  
 Physical Education and Sports  
 22<sup>nd</sup> Tactical Air Base  
 Ul. 17-go Marca 20  
 82-200 Malbork, Poland  
 Phone: +48 661-119-123  
           +48 512-239-917  
 Fax : +48 261-536-286  
 E-mail : [22blt.wfis@ron.mil.pl](mailto:22blt.wfis@ron.mil.pl)  
 E-mail : [cismpoland@ron.mil.pl](mailto:cismpoland@ron.mil.pl)

NATION:

TOTAL NUMBER OF PARTICIPANTS:

|       | Officials | Athletes | Total                |
|-------|-----------|----------|----------------------|
| Men   |           |          |                      |
| Women |           |          |                      |
| Total |           |          | <input type="text"/> |

MEANS OF TRANSPORT: \_\_\_\_\_

DATE: \_\_\_\_\_

—  
SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_

|                         |                  |  |
|-------------------------|------------------|--|
| <b>Your<br/>Contact</b> | <b>Rank/Name</b> |  |
|                         | <b>Phone</b>     |  |
|                         | <b>Fax</b>       |  |
|                         | <b>E-Mail</b>    |  |



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ANNEX 2a

**FINAL ENTRY**

To be returned before 26/04/2019:

Polish Delegation to CISM  
 Physical Education and Sports  
 22<sup>nd</sup> Tactical Air Base  
 Ul. 17-go Marca 20  
 82-200 Malbork, Poland  
 Phone: +48 661-119-123  
 +48 512-239-917  
 Fax : +48 261-536-286  
 E-mail : [22blt.wfis@ron.mil.pl](mailto:22blt.wfis@ron.mil.pl)  
 E-mail : [cismpoland@ron.mil.pl](mailto:cismpoland@ron.mil.pl)

NATION :

|           | PLACE | DATE | FLIGHT Nr<br>TRAIN Nr<br>BUS Nr | TIME |
|-----------|-------|------|---------------------------------|------|
| ARRIVAL   |       |      |                                 |      |
| DEPARTURE |       |      |                                 |      |

MEANS OF TRANSPORT: \_\_\_\_\_

DATE: \_\_\_\_\_

\_\_\_\_\_  
 SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_

|                         |                  |  |
|-------------------------|------------------|--|
| <b>Your<br/>Contact</b> | <b>Rank/Name</b> |  |
|                         | <b>Phone</b>     |  |
|                         | <b>Fax</b>       |  |
|                         | <b>E-Mail</b>    |  |



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ANNEX 2b

**FINAL ENTRY - COMPOSITION OF THE MISSION**

To be returned before 26/04/2019:

Polish Delegation to CISM  
 Physical Education and Sports  
 22<sup>nd</sup> Tactical Air Base  
 Ul. 17-go Marca 20  
 82-200 Malbork, Poland  
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 E-mail : [cismpoland@ron.mil.pl](mailto:cismpoland@ron.mil.pl)

NATION :

| #   | Function         | Rank | Name and Surname | ID/Passport Number |
|-----|------------------|------|------------------|--------------------|
| 1.  | Chief of Mission |      |                  |                    |
| 2.  | Team Captain     |      |                  |                    |
| 3.  | Coach            |      |                  |                    |
| 4.  | Physiotherapist  |      |                  |                    |
| 5.  | Male athlete     |      |                  |                    |
| 6.  |                  |      |                  |                    |
| 7.  |                  |      |                  |                    |
| 8.  |                  |      |                  |                    |
| 9.  | Female athlete   |      |                  |                    |
| 10. |                  |      |                  |                    |
| 11. |                  |      |                  |                    |
| 12. |                  |      |                  |                    |

In strict compliance with applicable **CISM Regulations – Chapter VII, Art. 7.22, I**, the undersigned Chief of Delegation, hereby officially confirm that all athletes representing my nation in the CISM event are on active duty in my nation’s Armed Forces. I understand that sanctions may be imposed against my nation, my mission, my team, individual athletes, or myself for violation of this provision (**CISM Regulations Chapter I, Art. 1.12**).

DATE: \_\_\_\_\_

\_\_\_\_\_  
 SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: \_\_\_\_\_





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ANNEX 3

**MAPS ROUTES & PLACES**

**ROUTE FROM CIVILIAN AIRPORT GDAŃSK LECH WAŁĘSA  
TO HOTEL "CENTRUM" - MALBORK (CHIEF OF MISSION& VIPS)  
(50 MINS)**



**ROUTE FROM MILITARY AIRPORT KROLEWO MALBORSKIE  
TO HOTEL "CENTRUM" - MALBORK (CHIEF OF MISSION& VIPS)  
(10 MINS)**

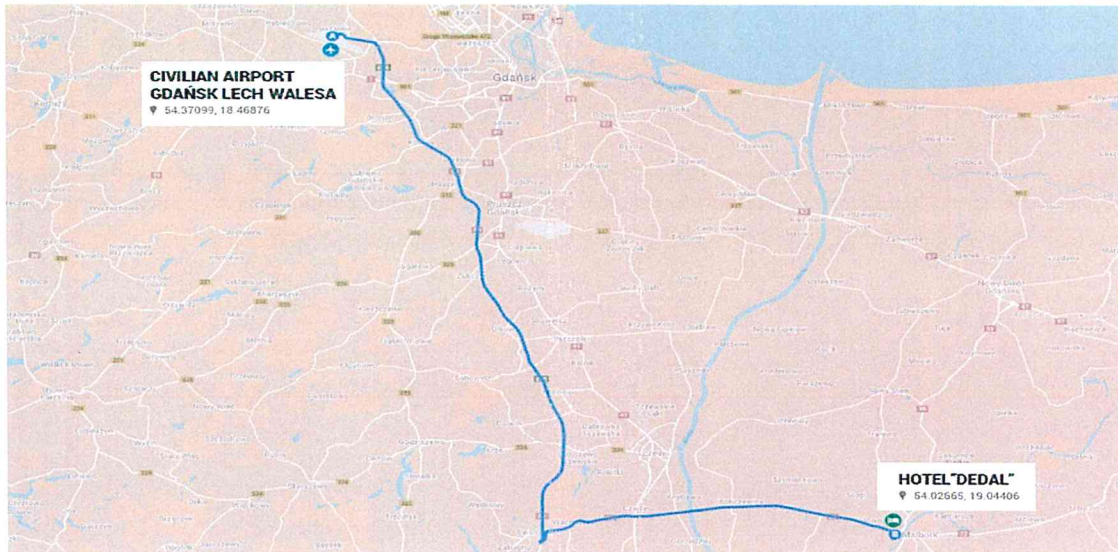




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ROUTE FROM CIVILIAN AIRPORT GDAŃSK LECH WALESZA  
TO HOTEL "DEDAL" - MALBORK (ATHLETES)  
(50 MINS)



ROUTE FROM MILITARY AIRPORT KROLEWO MALBORSKIE  
TO HOTEL "DEDAL" - MALBORK (ATHLETES)  
(10 MINS)





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**IMPORTANT PLACES ON THE MAP – MALBORK**

