

Regulators for  
Nordic Military Championships Association  
GENERAL REGULATIONS  
Nordic Military  
The championships will be organized every year, with the exception of the years in which the championships are organized as a part of the Olympic Games, and the years in which the championships are organized as a part of the Olympic Games.

# REGULATIONS

## Governing Military Championships in

# MILITARY PENTATHLON

## in the Nordic Framework



Edition 2018

*Signatures are copy from original*

## Regulations for Nordic Military Championship (NMC) in Military Pentathlon

### I GENERAL REGULATIONS

#### 1. General regulations for Nordic Military Championship

For Nordic Military championship in: Military Pentathlon, Naval Pentathlon, Aeronautical Pentathlon, Orienteering and Shooting, a "General Regulations for Nordic Military Championship is established".

The general regulations are superior to each of the discipline.

#### 2. Organizing

- a. The championship will be organized every year and the Nordic countries will take their turn in arranging. The order will be decided at the Military Nordic conference of leaders, as a part of the longterm planning of competitions. Adjustments are made according to mutual agreement.

Regarding the technical arrangement and NMC, the CISM-regulations (in force) are to be used with the limitations and supplements indicated in these regulations.

- b. The time for the annual competition will be fixed 2 years ahead and ought normally to be at the beginning of July. Last week of June or first week of July.

- c. The official invitation will be sent out at the latest 2 (two) months before the competition.

- d. A final entry of the members of participants, time and place of arrival, besides the mode of travel, is to be sent at the latest, 3 (three) weeks before the competition.

- e. The championship is to be termed:

"The X.....Nordic Military Championship in Military Pentathlon."

The championship of 1994 is the 33th. (XXXIII)

- f. The championship includes both individual and team competition (of CISM-regulations) open for competitors who satisfy the demand for participating in CISM-championship, or according decision taken by the Nordic military conference of leaders.

**Note.** At the Nordic military conference of leaders in 1975, it was decided that Swedish FBU- and home guard personnel could participate on the same terms as regular personnel.

*Correction of June 2001: Paragraph 1 point 2 b is corrected in accordance with technical meeting Svea, Sweden June 2000.*

#### 3. Participants

A national team can consist of a maximum of 25 persons as follows:

- 1 chief of delegation
- 1 team captain
- 1 coach, men
- 1 coach, women

- 1 ad libitum
  - 12 male competitors (max 2 team) (4 counting each team)
  - 8 female competitors(max 2 team) (3 counting each team)
- The next years organizer may, in addition to this send 2 observers.

*\* Remark: From 2017 CISM regulation is changed from 6 to 5 at a team, but it will still be 6 male on each team at NMC, with the possibility to send 12 male athletes. (NMCs Leader meeting Copenhagen 2017)*

#### 4. Normal program

1st day:Arrival, free training, preliminary conference latest at 1900 hours (Depending on the other nations possibility to reach in time.)

2nd day:Official opening, official training iaw schedule, technical meeting, and technical controls.

3rd day:Shooting and Obstacle run

4th day:Svimming, Throwing and meeting of leaders

5th day:Cross-country run, meeting of leaders, prize distribution, closing ceremony, possibly sightseeing, banquet and so on.

6 th day:Departure

According to the common agreement boarding and lodging will be organized on ordinary military basis.Representation should be kept on a reasonable level.

#### 5. Meeting of leaders

- a. During the competition a "Meeting of leaders" shall be arranged, only for the leaders from the Nordic countries.
- b. The country arranging the competition is responsible for organizing this meeting.
- c. The agenda for the meeting should be as follows:
  - opening and presentation
  - sum up of last years protocol
  - evaluation of the championship
  - adjustment of the regulations
  - if needed- confirmation of Nordic records
  - proposals/suggestions
  - date and place of the next MNC, if possible two year ahead.
  - closing
- d. A proposal of changes for the agenda or in the regulations must be handed over to the organizers at least one day ahead of the meeting.
- e. Report of the meeting must be signed by one leader from each participating country and sent to the chiefs of Delegation to CISM in each country

Correction of May 1999: Paragraph 1 point 4 b is corrected in accordance with technical meeting Lahtis, Finland July 1998.

Correction of Oct 2002: Point 5c is corrected in accordance with technical meeting Lahtis, Finland July 2002.

Correction of Nov 2003: Point 3 is corrected in accordance with technical meeting Kristinehamn, 17 of June 2003.

#### 6. Deviations from these regulations

- a. If it is deemed necessary to deviate from these regulations during the period between the conference of leaders and the championship in question, the arranging country should obtain the consent of the other Nordic countries in ample time before the competition actually takes place.
- b. This regulation is translated into English. If any differences as to interpretation of various points should arise, the Norwegian version will be used as basis.

- c. Changes and additions in this regulation will be proposed yearly forthcoming "Meeting of leaders" at the MNC.

7. Uniform

At the opening and closing ceremony of the championship, uniform will be worn.

8. Supporters

It should be clearly stated in the invitation whether it is possible to bring spouses, boarding and lodging possibilities (Military quarters, hotel etc), prices etc. And if there is set up transportation to and from where they will be lodged and the places of the competition. Furthermore it should be indicated if they are allowed to take part in the official ceremonies (farewell dinner etc).

## II **COMPETITION REGULATIONS**

1. Arrival

When the teams arrive, the hosting nation will hand out lists for shooting and throwing. The lists will include six starting groups for male and for females (outside the Nordic countries: four females). The team captains will fill out the order for their competitors. Information about left shooters has to be given. Nations that not complete their teams have to inform in which starting groups their team will participate. Team captains also give information about ranking times for their athletes.

2. Preliminary meeting

At the preliminary meeting the leaders will get together. Here the final entry of the participating countries individual and team participants takes place. The countries hand in updated lists for their participants to the organizer at the preliminary meeting, to be used for making the starting lists in obstacle run and obstacle swimming. The drawing of lots will follow the CISM-regulations where each participating team is regarded as a team/nation of its own. The Nordic countries second team are considered as own teams (nation) in condition to the drawing of lots.

3. Technical jury

The technical jury will be composed of one leader from each participating Nordic country. The leader of the organizing country is chairperson. An appeal jury will not be organized. The technical jury, will decide in all questions. The decision of the jury is final. The chairman will have a double vote in a jury of equal number of members.

Depending of the number of participating countries, one or two of the non-Nordic countries may be elected to take place in the jury.

The jury will, during its first meeting, divide the tasks to be accomplished among the members according to CISM regulations. For further details see the CISM-regulations.

3. Time specifications

Standard for setting aside time for the various events;

- shooting 45 minutes for each team
- obstacle run 4 minutes for each heat
- utility swimming 2 minutes for each heat
- throwing 12 minutes for each heat

For further details see the CISM-regulations.

#### 4. Result lists

In the final results list, all results from the Military Nordic Championship are to be included, each event separately facts (e.g. in throwing, both the precision- and distance results and points) and a survey list for all participants. If other countries take part in an international contest, a special list must be made for this competition. The results during the progress of the competition must be set up combined.

The final list should include Military Nordic Championship with individual and team results, and an additional list of the international contest with individual and team results.

#### 5. Doping control

Doping control should be done during the NMC.

### III PRIZES

#### 1. Individual

-The Nordic champion is awarded the large Nordic Military Championship's medal (Gilt medal)

-Number 2 and 3 are awarded the same medal in silver and bronze respectively.

-Number 4-9 is given the arranging country's medal/plaque in bronze (Generally no more than 1/4 of the participants are to be awarded)

Correction of June 2001: Paragraph II point 5 is corrected in accordance with technical meeting Svea, Sweden June 2001.  
Correction of June 2013: Paragraph III point 1 is corrected in accordance with technical meeting at Rena, Norway June 2013.

#### 2. Team

-The winning teams are awarded the large Military Nordic Championship's plaque (Gilt plaque)

-Number 2 and 3 are awarded the same plaque in silver and bronze respectively.

-Each participant (the four on male teams and the three of female teams) are given the small Military Nordic Championship plaque in gold, silver and bronze respectively.

#### 3. Souvenirs

Number and costs ought to be kept at a reasonable level.

#### 4. Challenge cups

Following 2 challenge cups are established:

- Team competition, male, (Sveriges Armésjef, 1994)
- Team competition, female, (Forsvarets Gymnastikskole Danmark, 1998)  
(see appendix 1)

#### IV RECORDS

- Nordic records in military pentathlon will be registered as from Nordic Military Championship 1971, as follows;
  - in shooting, obstacle run, swimming, throwing and cross- country run
  - the highest total sum of points, individual and team.
- Nordic records can be set in;
  - Nordic Military Championship
  - World championship
  - Competitions which are approved by the Military Nordic Sports Conference.
- A Nordic record in any event can only be approved and registered if the competitor achieves at least 4800/5000 (female/male) points as a final result after 5 events.
- Nordic records in any event or for team will be approved and registered by the "Meeting of leaders" at the end of NMC. The new record will be announced at the price ceremony, and a special diploma will be delivered to the new recordholder(s). The diploma is signed by the leaders of the participating Nordic countries.