REGULATIONS

Governing
Military Championships in

NAVAL PENTATHLON

in the Nordic framework

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1. INTRODUCTION

REFERENCES:

a) CISM Sport Regulations Naval Pentathlon, 2009.
b) General Regulations governing military championships in the Nordic framework, 2016

The championships in Naval Pentathlon shall be conducted in accordance with the latest official versions of reference a. and b. The CISM regulations are to be followed unless otherwise stated in these regulations.

The latest approved version of reference a can be found on CISM webpage: www.milsport.one.

The latest approved version of reference b is issued digitally to the other country’s Chief of Delegation to CISM and can also be found on www.cismeurope.org. The country responsible for these regulations is determined by the Nordic Military Sports Leaders Conference.

Championships in Naval Pentathlon are organized as an individual and team competition for male and female competitors.

The championship is designated as follows:

- Nordic Military Championship, (only 3-4 original Nordic countries)
- Open Nordic Military Championship (original 3-4 Nordic countries and other countries invited by the host nation)
- Regional Military Championship, (2-3 Nordic countries + 1-2 permanent non-Nordic countries)
- Open Regional Military Championship (2-3 Nordic countries + 1-2 permanent non-Nordic countries and other countries invited by the host nation).

It is up to the host nation to decide what kind of competition is arranged.

The number preceding the name of the championship follows the original schedule of the Nordic Championship.

The competition consists of the following five events, and is conducted during three competition days:

- Obstacle Race
- Lifesaving Swimming Race
- Seamanship Race
- Utility Swimming Race
- Amphibious Cross Country Race.

An individual military Champion, male and female, is determined by the overall result in these five events.

The team champion, male and female, are determined by adding the individual results of a nation’s male/female team.
2. GENERAL REGULATIONS

2.1 COMPOSITION OF A NAVAL PENTATHLON MISSION

A complete mission is composed as follows:

- Chief of Mission: 1*
- Team Captain / Manager: 1*
- Coach for Naval Pentathlon male competitors: 1
- Coach for Naval Pentathlon female competitors: 1
- Competitors Naval Pentathlon, male and/or female: 8-12**

Total: 12-16

* Mandatory
** The number of male respectively female competitors in the mission is optional. It is up to the organizers to decide the amount of competitors, minimum 8 and maximum 12.

The President of CISM Sport Committee Naval Pentathlon and/or members of the CISM Sport Committee may be invited to attend the Championships. They are considered as additional personnel for a nation's mission.

2.2 AGENDA OF THE COMPETITIONS
(Example, 3 days competition. 4 days can be used depending how many countries participating).

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>General</th>
<th>Time</th>
<th>Naval Pentathlon</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0000-</td>
<td>Arrival</td>
<td>0800-1200</td>
<td>Training according to the schedule</td>
</tr>
<tr>
<td></td>
<td>2400</td>
<td>Inspection of the tracks</td>
<td>1500-1700</td>
<td>Starting order published</td>
</tr>
<tr>
<td></td>
<td>1600-</td>
<td></td>
<td>2200</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2000</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>0900-</td>
<td>Preliminary conference</td>
<td>0800-1200</td>
<td>Training according to the schedule</td>
</tr>
<tr>
<td></td>
<td>1000</td>
<td>Opening ceremony</td>
<td>1500-1700</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1800</td>
<td></td>
<td>2200</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>1800-</td>
<td>First day of competitions</td>
<td>0800-1200</td>
<td>Obstacle Race</td>
</tr>
<tr>
<td></td>
<td>2200</td>
<td>Social event</td>
<td>1500-1700</td>
<td>Lifesaving Swimming Race</td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td>0800-1200</td>
<td>Seamanship Race</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1500-1700</td>
<td>Utility Swimming Race</td>
</tr>
<tr>
<td>5</td>
<td>1400</td>
<td>Technical meeting</td>
<td>0800-1200</td>
<td>Amphibious Cross Country Race</td>
</tr>
<tr>
<td></td>
<td>1600-</td>
<td>Closing ceremony, banquet</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1800</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2.3 JURIES
The jury of appeal consists of the present chief of Missions from the Nordic countries and Germany.
If the President or a member of CISM Sport Committee Naval Pentathlon is present, he may be invited as a non-voting member in the jury of appeal.
The technical jury consists of one member from each Nordic country and Germany, preferably the team captain or a coach. If other countries are attending the championships they may have a non-voting member assigned to the technical jury. The technical jury shall be organised at the preliminary conference and one of the members assigned as chairman.

2.4 ANTI-DOPING
According to reference a doping is strictly forbidden in CISM championships. The organising country may conduct anti-doping tests without pre-warning. The composition, tasks and responsibilities of the anti-doping commission is up to the chief of delegation of the organising country to decide.

2.5 AWARDS
Medals and plaques are awarded according to reference b. Other prizes or awards are at the discretion of the organising nation (for example extra prizes to the winner of each event and fair play cup). Also the unofficial prize for “The Best Beginner” (male/female) competition can be awarded.

2.6 MISCELLANEOUS
The technical meeting in connection with the competition is conducted according to reference b.

The President of CISM Sport Committee Naval Pentathlon and the CISM European Liaison office shall be informed before and after the competitions.

3. MANAGING AND CONDUCTING REGULATIONS GOVERNING CHAMPIONSHIPS IN NAVAL PENTATHLON IN THE NORDIC FRAMEWORK.
Championships follow the international regulations for naval pentathlon except the amount of competitors according to 2.1. and the number of competition days according to 2.2. (3 or 4 competition days depending on which category is selected).

3.1 COMPETITORS
Championships follow the international CISM regulations. Except in male competition the team composition is three competitors when counting the final team results (instead of four). (Also changing the team composition to 3 competitors for CISM MWC is ongoing). A complete team consisting of at least three (3) male and two (2) female competitors should represent each nation. The three/two (3/2) highest scoring competitors of each nation are also the “counting” members of the team. Teams must be fully manned in order to take part in official team competition.

If a nation participates with more competitors they are also considered a team. If there are 5 males competing they can form one team where the best three (3) will make the final team. If there are 6 competitors the three best will make a team number one and three next places will form a team number 2 for that country. The teams do not need to be pre-named. However, medals will only be awarded to the members of each team.
Each nation may participate with two (2) male and two (2) female teams. Total number of competitors must not exceed 12 persons.

3.2 DETERMINATION OF AN INDIVIDUAL AND TEAM CHAMPION
Male team competition:
Each nation may set two teams of three competitors. After the completion of all events the place of the male team shall be determined by adding the points obtained by the three (3) male team-members in the individual overall result, for the nation’s team’s number 1 and 2, respectively.

Female team competition:
Each nation may set maximum of two teams of two competitors. After the completion of all events the place of the female team shall be determined by adding the points obtained by the two (2) female team-members in the individual overall result, for the nation’s team’s number 1 and 2, respectively.

A Nation can also compete with only one (1) team or have competitors only in the individual competition (for example those who are not named in team 1 or team 2 may compete as individuals).

After the completion of all events the place of the male team shall be determined by adding the points obtained by the three (3) best team members from each team in the individual overall result.

After the completion of all events the place of the female team shall be determined by adding the points obtained by the two (2) best female team-members in the individual overall result.

The male/female individual and the male/female team with the most points after five (5) events shall be declared champions.

If there is a tie between teams, the team with the best total time of these three/ two (3/2) team members obtained in the Seamanship Race shall take precedence.

3.3 PROTESTS
There is no protest deposit (cash) in any of the categorized championships.

3.4 ROTATION ORDER FOR HOSTING NATION
The competitions rotate between Sweden, Germany, Denmark and Finland. This is to be decided at the Nordic Military Sports Leaders Conference.