



International Military Sports Council

Sports Committee CYCLING

Rules and Regulations

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English Edition 2016

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## **Chapter I: General**

### **1.1 UCI**

The CISM Cycling Championship takes place in accordance with the rules and regulations of the International Cycling Federation (UCI). Exceptions will be applicable when stated in these CISM Sports Committee Cycling (CSC Cyc) Regulations.

Other exceptions will be permitted in coordination with the PCSC. All participants will be made aware of the changes during the technical briefing. A communiqué can also be used, as well as specific rules and regulations for the event.

### **1.2 Organizing Country and Organization**

The aim is to organize a cycling championship each year in at least one discipline.

The organization can be purely military. However, it is suggested to approach civilian organizers to assist organizing the Championship(s). Civilian organizers can indeed facilitate the organization of the race.

The organizing country is asked to contact the President CSC Cyc (PCSC) to discuss all information concerning the race. This includes technical aspects (e.g. track and distances) as well as logistical aspects (e.g. lodging and transportation athletes). If necessary a visit of the PCSC and members of the CSC will be organized.

It is advised to develop the event in cooperation with the respective national federation.

In order to keep an overview of the actions, a brief check list is provided at Annex A.

### **1.3 The Championships**

#### **1.3.1 Series**

The organizing country decides which disciplines they want to organize. All combinations of disciplines and sub disciplines are allowed at the discretion of the organizing country. These combinations can be traditional (Road and TT, or only Cyclo Cross) or they can be creative (e.g. Para cycling Road and MTB).

#### **1.3.2 Titles of the Championships**

The events will have a consecutive number, independent of the disciplines organized.

### **1.4 Competitors**

#### **1.4.1 Participation criteria**

All competitors need to be in possession of a license from their respective national cycling federation. The names of the athletes will be confirmed at the technical meeting which takes place before the race.

#### **1.4.2 Female participation**

CISM policy is to strongly encourage all nations that host a championship to include a female category.

## **1.5 Classifications**

### **1.5.1 General**

All classifications will be based on time.

### **1.5.2 Individual classification**

Each event has a particular individual classification.

### **1.5.3 Team classification**

- Male competitions: the time of the four (4) best riders per team will be taken in consideration for the Road Race. Teams with 3, 2 or 1 rider(s) will be placed by time after the teams with 4 riders at the finish in order to have a complete classification per nation. For all other disciplines of cycling the time of the three best riders will be taken into consideration for the team classification. When the time is equal, the teams will be ranked by the placing of their best rider in the individual classification.
- Female competitions: the time of the two (2) best riders per team will be taken in consideration. Teams with 1 rider at the finish will be placed by time after the teams with 2 riders at the finish in order to have a complete classification per nation. When the time is equal, the teams will be ranked by the placing of their best rider in the individual classification.

## **1.6 Awards**

### **1.6.1 Official medals**

The organizing country will offer Individual medals, as well as team medals, according to the CISM Regulations.

### **1.6.2 Team awards**

The top three (3) teams of each event (with a team classification) can be awarded with cups or other artistic awards.

### **1.6.3 Fair Play award**

A fair play award can be given to an individual rider, a team or a team member. The decision will be taken in consensus between the OCR, the PCSC, the president of the Jury and a person appointed by the organizing Country.

## **1.7 Validity of a CISM World Cycling Championship**

- Male competitions: A championship for men will be valid when a minimum of eight (8) competitors take part out of at least eight (8) different nations from (2) continents.
- Female competitions: A championship for ladies will be valid when a minimum of eight (8) competitors take part out of at least four (4) different nations.

## **1.8 Invitation – Registration – Participation**

### **1.8.1 Invitation**

At least six (6) months before the scheduled date of the championship, the organizing country will send an official invitation to member nations, and if desired, to invited nations. The official invitation will be drafted according to the CISM Regulations.

### **1.8.2 Composition of a mission**

The composition of a mission includes per nation (team) at least a minimum of: 1 team director, 1 mechanic and 1 competitor. A coach and a masseur can be added to the mission. Full mission compositions are identified within the event specific regulations beginning with Chapter II.

### **1.9 Agenda of the competitions**

The duration of competitions will be between five (5) and seven (7) days. The opening ceremony will, in principle, be organized on the second day. At the end of the event a closing ceremony will be organized. A simple cultural moment can be foreseen at the discretion of the organizing country.

### **1.10 Anti-Doping Control**

Each event will be subject to anti-doping tests. These tests will be in accordance with WADA rules and regulations as well as the CISM Regulations. As a rule, three tests per event will be organized (e.g. 3 after the Time Trial and three after the Road Race)

(<http://www.cismmil sport.org/wp-content/uploads/2013/07/21.pdf>)

## Chapter II: Road

### 2.1 Road Races

#### 2.1.1 General

The road race will be organized according to the UCI rules and regulations Part 2.

[www.uci.ch](http://www.uci.ch)

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

#### 2.1.2 Distance

A road race will be organized over a distance of +/- 125 Km for males and over a distance of +/- 75 Km for females. The distance can be covered using laps (e.g. 10 laps of 7,5 Km for a race for female athletes. The cycling track of a triathlon completion could also be used.

#### 2.1.3 Team Composition

Each team will be composed of a minimum of 1 rider. The maximum number of male riders per team is eight (8) and four (4) for females.

#### 2.1.4 Photo finish

In order to exclude discussions or challenges after the race, a system of cameras will be used at the finish line.

#### 2.1.5 Team cars

Team cars will be allowed in the race, except when otherwise agreed between the organizing country and the PCSC. If necessary, the organizing country will provide a team car per team, except when otherwise agreed between the organizing country and the PCSC.

The team car order will be defined by drawing of lots.

- Male Road Race: the drawing of lots will be organized in three (3) waves:
  - 1. teams with 8 riders
  - 2. teams with 4 to 7 riders
  - 3. Teams with 1 to 3 riders
- Female Road race: the drawing of lots will be organized in two (2) waves:
  - 1. teams with 4 riders
  - 2. teams with 1 to 3 riders

## **2.2 Individual Time Trial (Ind TT)**

### **2.2.1 Distance**

The distance will be at the discretion of the organizing country. Usually +/- 10 Km is proposed for organizational purposes. Different laps can be used to cover the distance.

### **2.2.2 Participants**

Two riders maximum per nation can compete in the individual TT. These can be part of the Road race team or can be separately appointed by their respective nation.

### **2.2.3 Starting order**

The order will be defined by drawing of lots per nation. The TT will be organized in two (2) waves using the same starting order per nation.

### **2.2.4 Warming up area**

A warming up area of about 800 meters long will be foreseen near the starting area.

## **2.3 Team Time Trial (TTT)**

### **2.3.1 Distance**

The distance will be at the discretion of the organizing country. A distance of +/- 20 Km is proposed for organizational purposes. Different laps can be used to cover the distance.

### **2.3.2 Team Composition**

Minimum 3 riders per team will be take the start and maximum six (6) will be allowed to take the start. In case a Road race is also organized, the riders will be selected from the Road race team.

### **2.3.3 Starting Order**

The order will be defined by drawing of lots per nation.

### **2.3.4 Results**

The time of the third (3<sup>th</sup>) place rider will count for the team result. Teams who arrive with 2 or 1 rider will be placed in the result list in that order, as the time of the second place rider will be taken into account. After that the individuals will be placed.

### **2.3.5 Warming up area**

A warming up area of about 800 meters long will be foreseen near the starting area.



## **Chapter III: Track Races**

### **3.1 General**

The track race will be organized according to the UCI rules and regulations Part 3.

[www.uci.ch](http://www.uci.ch)

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

### **3.2 Disciplines of Track Races**

The organizing country will propose the disciplines they would like to organize to the PCSC. The PCSC will discuss the proposal within the CSC.

### **3.3 Team composition**

The team composition will depend on the disciplines proposed by the organizing country.

## **Chapter IV: Mountain Bike (MTB)**

### **4.1 General**

The organizing country can decide which discipline of MTB they want to organize (e.g. Cross Country or Marathon), according to the UCI rules and regulations Part 4.

[www.uci.ch](http://www.uci.ch)

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

### **4.2 Team composition**

Each team will consist of minimum 1 and maximum 4 riders. The same number is applicable to male or female competitions.

### **4.3 Starting Order**

The order will be defined by drawing of lots.

## **Chapter V: Cyclo Cross (CC)**

### **5.1 General**

The Cyclo Cross event will be organized according to the UCI rules and regulations Part 5.

[www.uci.ch](http://www.uci.ch)

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

### **5.2 Duration**

In principle, the race will be organized over one (1) hour for the winner of the race.

### **5.3 Composition of the teams**

Each team will have a minimum of one (1) rider and a maximum of four (4) riders.

### **5.4 Starting order**

The starting order will be determined by drawing of lots. Each nation will choose its lane according to the draw.

## **Chapter VI: Para cycling**

### **6.1 General**

The Para cycling event will be organized according to the UCI rules and regulations Part 16.

[www.uci.ch](http://www.uci.ch)

All aspects of the competition will be discussed between the PCSC and the organizer. The topics to be discussed can be found at Annex A. If necessary a site visit will be organized.

### **6.2 Disciplines of Para cycling**

The organizing country will propose the disciplines they would like to organize to the PCSC. The PCSC will discuss the proposal within the CSC.

### **6.3 Team composition**

The team composition will depend on the disciplines proposed by the organizing country.

## Annex A: Brief check list for the Organizing Country

- Disciplines to organize and sub disciplines if applicable:
- Date on CISM calendar
- Invitation file (to be sent 6 months prior the event)
- Appoint key Personnel for Logistics and for national technical aspects of the race
- Contact National Federation & PCSC
- Determine key aspects in a technical/program guide for the race. This guide will cover all details of organization, and at minimum:
  - mention of the fact that the race will be run under UCI and CISM regulations;
  - where applicable, the local anti-doping legislation which will be applicable in addition to the CISM's anti-doping regulations;
  - the categories of riders;
  - the opening hours of the race headquarters;
  - the venue and time for the confirmation of starters and the distribution of identification numbers;
  - the venue and time of the sports directors' meeting;
  - the exact location of race headquarters, the testing station for anti-doping tests;
  - the frequency used for radio-tour;
  - the finishing time limits;
  - awards ceremony procedures;
  - the procedures for applying the times recorded during team time trial stages to individual classifications;
  - the presence of the neutral support service via motorcycle, if any;
  - feeding points, if any, during time trial events or stages and the relevant procedures;
  - the criteria used to determine the starting order of a time trial event or prologue; the criteria shall determine the order of teams; each team shall determine the starting order of its riders.
  - a description of the course or the stages with profile (profile if necessary), distances, feeding points and, where applicable, circuits;
  - obstacles on the course (tunnels, rail road crossings, danger points, etc.);
  - a detailed route and the schedule anticipated;
  - intermediate sprints,
  - exact start and finish points;
  - the list of hospitals contacted by the organizer in order to receive any injured
  - VIP area
  - Opening and closing ceremony
  - Cultural moment, if applicable
  - .....