

# GENERAL REGULATIONS

## GOVERNING CHAMPIONSHIPS IN THE NORDIC FRAMEWORK



Edition 2018

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# GENERAL REGULATIONS GOVERNING CHAMPIONSHIPS IN THE NORDIC FRAMEWORK

## General

### § 1

These regulations apply to activities pertaining to the Military Championships (NMC) conducted between armed forces of Denmark, Finland, Norway and Sweden. The Nordic countries have decided that other countries could be invited to permanently participate as the fourth country, in situations, where less than four Nordic countries can participate. Germany and Poland has agreed to participate as non-Nordic permanent countries – i.a.w. § 2.

These general regulations provide the basis for the regulations governing championship competitions in the various sports and for the organization of championship competitions as well as define the general guidelines for the meetings that direct the competitions.

The organizers of a championship competition as well as the team captains and contact persons shall be knowledgeable about these regulations.

## Sports

### § 2

These rules encompass Nordic and Regional Military Championships in the following six (6) sports with the following participating nations:

Regional Military Championship in Aeronautical Pentathlon  
(Finland, Norway, Sweden, Lithuania)

Nordic Military Championship in Military Pentathlon  
(Denmark, Finland, Norway, Sweden)

Regional Military Championship in Naval Pentathlon  
(Denmark, Finland, Germany, Sweden)

Regional Military Championship in Sailing  
(Denmark, Finland, Poland, T.B.D.)

Nordic Military Championship in Shooting

(Denmark, Finland, Norway, Sweden)

Nordic Military Championship in Orienteering  
(Denmark, Finland, Sweden, T.B.D.)

Issues concerning these sports as well as other activities within Nordic military sports will be dealt with informatively at the leaders' conference.

In order to conduct team competitions at a Nordic or Regional championship, at least three nations must participate with teams. When several teams participate, only the best-placed team counts in the contest between the nations. Teams shall be entered in advance.

In order to conduct individual competitions at a Nordic championship, there shall be at least three competitors from at least three nations.

Requirements for the nomination of a new sport as the Nordic Championship:

- Three nations during three years have participated annually and organized in turn the trial Championships.
- After three years trial, the sport is possible to accept as the official Nordic Championship with official rules confirmed by the Chiefs of Delegations.

### Designation and Language

#### § 3

The championship is designated as follows:

- Nordic Military Championship, (only 3-4 original Nordic countries)
- Open Nordic Military Championship (original 3-4 Nordic countries and other countries invited by the host nation)
- Regional Military Championship, (2-3 Nordic countries + 1-2 permanent non-Nordic countries)
- Open Regional Military Championship (2-3 Nordic countries + 1-2 permanent non-Nordic countries and other countries invited by the host nation).

The number preceding the name of the championship follows the original schedule of Nordic Championships.

e.g. "XXIV Nordic Military Shooting Championship"

e.g. "XXIV regional Military Sailing Championship"

The competition is conducted using English language.

## Calendar

### § 4

The championships are organized annually by one of the Nordic nations or Germany, Poland and Lithuania in accordance with a competition calendar which is approved annually by the Military Sports Leaders' Conference. Permanent non-Nordic participants are consulted afterwards.

The place and week are determined at least two (2) years in advance and the venue and dates of the competitions are determined one (1) years in advance.

## Participants

### § 5

Active duty military personnel belonging to the armed forces of Denmark, Finland, Norway, Sweden, Germany, Lithuania and Poland may participate according to §3.

The hosting nation can decide to invite countries outside the Nordic "family" to NMC – this then constitutes an "open" competition. If a competition is "open", then awards should be adjusted accordingly - §8 refer hereto.

## Sports Regulations

### § 6

The regulations for the various sports that have been laid down by the Nordic Military Sports Leaders' Conference shall be applicable.

Proposals for changes to the regulations shall be presented at the technical meeting, which is held in conjunction with the competitions. The report of the technical meeting is signed by a representative of each of the participating nations and is forwarded together with the list of results to the respective nations. After the changes have been approved by the Nordic Military Sports Leaders' Conference, the new regulations are disseminated by e-mail to the respective nations by the nation having responsibility for that

particular sport.

Responsibility for the regulations of the respective sports is as follows:

General Regulations:	Denmark
Naval Pentathlon:	Denmark
Sailing:	Finland
Military Pentathlon:	Norway
Aeronautical Pentathlon:	Norway
Shooting:	Finland
Orienteering:	Sweden

The approved regulations will be stored on the CISM Europe website ([www.cismeurope.com](http://www.cismeurope.com)) . The original (master) is retained by the nation having responsibility for that particular sport. (An example is at Annex 1).

## Invitations and Entry Agreements

### § 7

Invitations are issued at least three (3) months before the competition. Information on the general schedule for the competition, travel arrangements and on the regulations in force for the competition should be included in the invitation.

The Preliminary Agreement is submitted at the Nordic Military Sports Leaders' Conference.

The Final Entry Agreement shall be submitted to the organizing nation not later than one month before the competition.

## List of results and awards

### § 8

At the championships, medals and plaques are awarded in accordance with Annex 2 and the below mentioned general guidelines:

- Nordic Military Championship, one list of results: NMC medals and plaques.
- Open Nordic Military Championship; there will be a Nordic result list and an international result list: NMC medals and plaques + other medals and plaques for the

- international category decided by the host nation.
- Regional Military Championship, there will be one regional result list: No NMC medals, but other medals and plaques decided by the host nation.
  - Open Regional Military Championship; there will be a Regional result list and an international result list: No NMC medals, but other medals and plaques decided by the host nation.

There will be no gift exchanges between officials. Commemorative gifts may be given to all participants, leaders, officials etc., but the intrinsic value of such gifts should be kept low.

## Administrative Regulations

### § 9

The championships shall first and foremost be conducted in a manner accentuating the sport, and also exhibiting financial moderation.

Accommodations, meals and transportation shall be provided by the host nation in accordance with normal military standards.

The participating nations pay their own transportation expenses to and from the competition venue.

The organizing nation chooses the venue with due consideration of these expenses.

Uniforms shall be worn at the official ceremonies as well as at the awards ceremony.

The organizing nation is not required to provide meals, accommodations, transportation or other services to personnel not mentioned in the regulations for the various sports.

## Technical Meeting

### § 10

In connection with the competitions, a technical meeting is held with the participation of the leaders and coaches of all the delegations. The chairperson of the meeting is the

representative of the nation which is responsible for the regulations for that sport.

At the meeting, among other matters, lessons learned proposals for changes to the sports regulations are dealt with.

A representative of the organizing nation serves as secretary.

The official language of the meeting is English.

## Handling of Lists of Results

### § 11

The preliminary list of results is distributed to the teams during the competition.

In addition to the scores, the following information is noted in the list of results: New records and composition of teams.

Results from NMC and protocol from technical meeting shall be handed over to the participating nations before leaving the Championships. Organizing country sends official results and protocol to the Chief of Delegation by e-mail, not later than one (1) month after the competition.

The list of results shall also be published and stored on the CISM European website by the organizing country of the championship of the year.

The official list of results and the report of the technical meeting are forwarded for information to a nonparticipation nation.

## Records

### § 12

Records and highest scores may be set at Nordic military championships and at events listed in the CISM competition calendar. New records are reported by the nation responsible for the particular sport to the Nordic Military Sports Leaders' Conference for approval.

## Nordic Military Sports Leaders' Conference

### § 13

The Nordic Military Sports Leaders' Conference (NMSLC) is held annually on a rotational basis. Only Denmark, Norway, Sweden and Finland participate in the Nordic Military Sports Leaders' Conference.

In addition, the Nordic sports leaders convene in conjunction with the European meeting of military sports leaders and the CISM General Assembly. Germany, Poland and Lithuania will take part in these meetings, when "their" particular sports are on the agenda.

The Conference programme (an example):

Day 1: Arrival.

Day 2: Scientific Symposium.

Day 3: Meetings in the 3 groups:

- Sport competition and regulations.
- Training and Education.
- Research and development.

Day 4: Meetings continues - conclusions and departure.

The conference participants pay for their meals and accommodations unless otherwise decided by the organizing nation.

The organizing nation is responsible for local transportation and other conference-related expenses.

The representatives of the host nation serve as chairperson and secretary. At the conference, issues may be dealt with in accordance with the agenda that is included in the Annex 3.

It is recommended that various issues pertain to military sports and military physical training is to be discussed at the leaders' conference and that the conference includes a study visit.

The official language of the scientific symposium in connection with the NMSLC shall be English.

The Nordic Military Championships Documentation

§ 14

The documentation consists of:

- The history of results
- The minutes of meetings, with annexes of contact persons, list of actions, Nordic records and calendar.

The hard copy of the documentation will be maintained by the leading country of the year. Each country will maintain their archives according to national procedures.

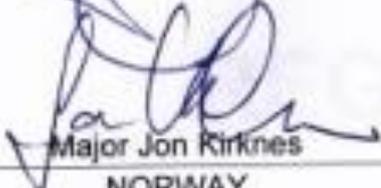
Approval of the Regulations

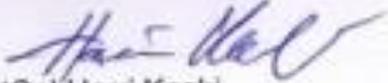
§ 15

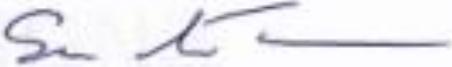
These regulations have been approved by the Nordic Military Sports Leaders.

Punta Cana, Dominican Republic, April 18th 2018

  
Erik Mikkel Soelberg  
DENMARK

  
Major Jon Kirknes  
NORWAY

  
LtCol Harri Koski  
FINLAND

  
LtCol Sven Antonsson  
SWEDEN

*Signatures are copy from original*

**Binder Cover for Sports Regulations (Example)**

**REGULATIONS**

**Governing**  
**Military Championships in**

**MILITARY PENTATHLON**  
**in the Nordic Framework**



Approved 2018

**Medals and Plaques Awarded at the various Military Championships**

	Plaques 50 x 70 mm			Plaques 35 x 50 mm			Medals ø 50 mm		
	G	S	B	G	S	B	G	S	B
<b><u>Aeronautical Pentathlon</u></b>									
Individual	M/W								
Team	M/W	1/1	1/1	1/1	3/2	3/2	3/2	1/1	1/1 1/1
<b><u>Military Pentathlon</u></b>									
Individual	M/W								
Team	M/W	1/1	1/1	1/1	4/3	4/3	4/3	1/1	1/1 1/1
<b><u>Naval Pentathlon</u></b>									
Individual	M/W								
Team	M/W	1/1	1/1	1/1	3/2	3/2	3/2	1/1	1/1 1/1
<b><u>Sailing*</u></b>									
Individual									
Team		1	1	1	9-12	9-12	9-12	3-4	3-4 3-4
<b><u>Shooting**</u></b>									
Individual	M/W								
Team	M/W	6/5-6	6/5-6	6/5-6	30/20-24	30/20-24	30/20-24	6/5-6	6/5-6 6/5-6
<b><u>Orienteering</u></b>									
Individual	M/W								
Team	M/W	1/1	1/1	1/1	4/3	4/3	4/3	1/1	1/1 1/1
Relay	M/W				3/2	3/2	3/2		

\*depending on number of participating boats

\*\*depending organization, 5 or 6 women disciplines

Abbreviations:

**G:** Gold. **S:** Silver. **B:** Bronze.

**M/W:** Men/Women.

Dimensions of medal ribbon: 35 mm wide and 80 cm long in the respective nation's colours.

**Plaques and medals are awarded in accordance with the following guidelines:**

<b>Individual</b>	<b>Medals</b>
If 6 competitors	= Gold, silver, bronze
" 3 - 4 "	= Gold, silver
" 3 "	= Gold
" 1 - 2 "	= None

<b>Team</b>	<b>Nation</b>	<b>Plaques</b>
If at least three (3)	Teams from at least three (3) nations compete, the following are awarded:	Gold, silver, bronze

## **NORDIC MILITARY SPORTS LEADERS' CONFERENCE 20XX**

### Agenda (Example)

1. Opening of the conference.
2. Administrative information.
3. Approval of the agenda.
4. Approval of the report of the previous conference.
5. Contact persons and those responsible for the various sports.
6. Issues concerning the various Nordic military championship sports.  
Reports of technical meetings, changes in regulations etc.:
  - General Regulations.
  - Aeronautical Pentathlon.
  - Military Pentathlon.
  - Naval Pentathlon.
  - Sailing.
  - Shooting
  - Orienteering
7. Nordic records.
8. Competition calendar:
  - Information on the next two years' competitions.
  - Five-year calendar.
  - CISM calendar.
9. CISM business.
10. Any other business.

## **PHYSICAL TRAINING AND EDUCATION GROUP**

### Agenda (Example)

1. Approval of the agenda.
2. Approval of the report of the previous meeting.
3. Updates and general status.
4. Handling of the ongoing topic
5. Focus-points or topics of next years' conference for physical training and education group.

## **Regulations for the Nordic Research and Development Group within the Military Nordic Sports collaboration**

### **1. Organisation**

The Research- and Development Group (RD Group) is under the control of, and reports to, the Military Nordic Sports Leader Conference (MNSLC).

### **2. Goals**

The Research- and Development Group (RD Group) will create network between the Armed Forces of the Nordic countries within relevant areas like behavioural, sociological and biological approaches of physical performance and sports in a military context. The RD group will work with sharing information and co-ordinate research and development in this area.

When needed, the RD Group will develop and enforce projects within the activity area in order to directly promote the Nordic countries military operative activities.

### **3. Possible tasks**

- Develop and prioritize RD projects
- Organise RD symposiums
- Display RD results to relevant receivers
- Establish and develop contracts with relevant collaboration partners
- Accomplish study visits
- Produce and keep updated a summary of RD projects
- Identify relevant co-operating partners
- Compile a summary of the external financial possibilities
- Gather information about the latest international research

### **4. Authorisation**

The RD Group has the authorisation to contact all relevant persons, institutions, and public authorities etc to be able to fulfil the above mentioned tasks.

### **5. Composition**

The RD Group will consist of one representative from each of the Nordic countries. The Chairperson is appointed annually during MNSLC. The Chairperson is the representative of the country, whose turn it is to host the MNSLC during the upcoming year.

The RD Group has the possibility, on their own initiative, to call upon relevant experts and specialists to participate temporarily in the work of the group.

## **6. Minutes**

The direction of the work undertaken by the RD Group shall be regulated by a short-term plan of action, which will deal with any work undertaken during the coming year. A Chairperson of host country will write minutes from the results of the group meeting.

The minutes will be presented annually after MNSLC.

## **7. Co-ordination**

If needed, co-ordination can take place with CISM and NATO TRG Human Factor Research and Study Group (NRSG).

## **8. Economy**

Initially there is no common budget. Each country will budget for its participation in the RD group.

## **9. Working order**

At least one meeting will take place annually, one of which will be held during MNSLC.

## **RESEARCH AND DEVELOPMENT GROUP**

### Agenda (Example)

1. Approval of the agenda.
2. Approval of the report of the previous meeting.
3. Updated research information
4. Evaluation of this year's symposium.
5. Next year's symposium:
  - Topic, timetable.
6. Plans of action:
  - Short term (year X) and long term (3-5 years)
7. Research and development presentation from each country.